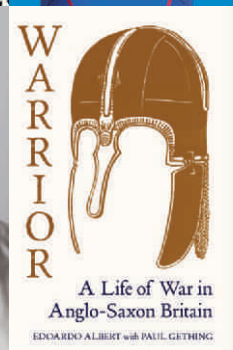
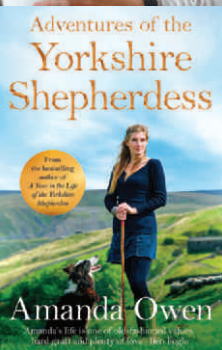
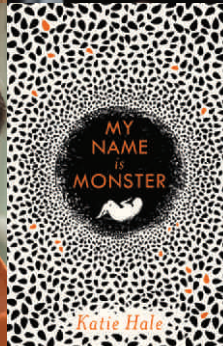
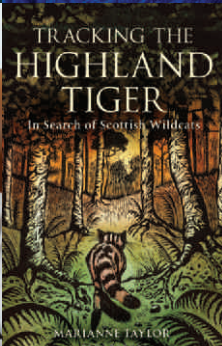
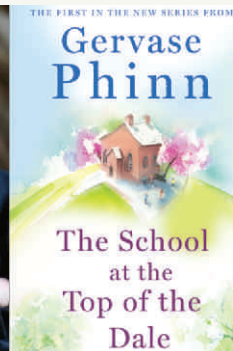
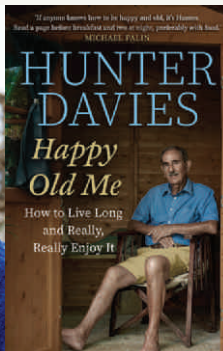
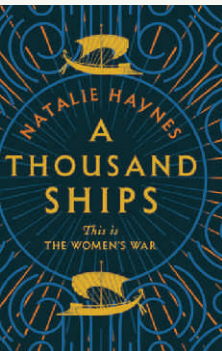


Borderlines

Carlisle Book Festival 2019

www.borderlinescarlisle.co.uk

THURSDAY 26TH SEPTEMBER TO TUESDAY 8TH OCTOBER



supported by
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Borderlines 2019


Cumbria
County Council


Bookends


TULLIE
HOUSE
125 YEARS
CARLISLE

Unless otherwise stated, all of our events are 55 minutes long to allow enough travel time in between venues.

Thursday 26th September

Ashley Cooper, Images from a Warming Planet

7.30pm, Tullie House, £7
Carlisle One World Event

Saturday 28th September

SpeakEasy, Freiraum

7.30pm, Cakes & Ale Café, Free - ticketed entry

Sunday 29th September

Zosia Wand, Readers' Party

5.30pm, Cakes & Ale Café, £6 including tea and cake

Monday 30th September

Natalie Haynes, Troy Story

7.30pm, Stanwix Arts Theatre, £8

Tuesday 1st October

Iain Matthews & Ian Clayton, Words and Music

7.30pm, Stanwix Arts Theatre, £8

Wednesday 2nd October

Helen Weston, Writing as Therapy

10.30am - 12.30pm, Carlisle Library Meeting Room, £12

Hunter Davies, Happy Old Me

7.30pm, Tithe Barn, £10
Sponsored by Cumbria Life

Thursday 3rd October

Lauren Sharkey, Resisters

7.30pm, Stanwix Arts Theatre, Free - ticketed entry
Sponsored by the Cumberland Building Society

Friday 4th October

Sarah Davy, Starting a Writer's Blog

10.30am - 12.30pm,
Carlisle Library Meeting Room, £12
Sponsored by Phil & Lit Society

Tim Farron, A Better Ambition: Confessions of a Faithful Liberal

1.30pm, Crown & Mitre Ballroom, £8

Ann Cleeves, Detective Creations

3.30pm, Crown & Mitre Ballroom, £8
Sponsored by Architects Plus

Joanne Harris, The Strawberry Thief

5.30pm, Crown & Mitre Ballroom, £10
Sponsored by Truffles of Brampton

Scary Little Girls, Salon du Chocolat

8pm, Crown & Mitre Ballroom, £10

Saturday 5th October

Adele Parks Masterclass, 20 Tips for Getting That Novel Written - No excuses!

10am - 1pm, Crown & Mitre Boardroom, £25

Razwan Ul-Haq, Arabic Calligraphy:

Traditional Materials and Conceptual Art
10 - 11.30am, Tullie House Community Room, £12
Sponsored by Architects Plus

Alan Brown, Overlander: A Bikepacking Journey

10.30am, Tullie House, £7

Malcolm Carson, Poetry Breakfast

10.30am - 12pm, Tullie House Function Room, £5 including refreshments

Nathan Filer, The Heartland: Finding and Losing Schizophrenia

11.30am, Crown & Mitre Ballroom, £8

Jamie Normington, The Lost Words

11.30am, Carlisle Library, £4 adults, children free

Helen Mort, Where Am I? Writing Place, Placing Writing

12 - 2pm, Tullie House Meeting Room, £12
Sponsored by University of Cumbria, Institute of the Arts

Emma Darwin, This is Not a Book About Charles Darwin: A Writer's Journey Through My Family

12.30pm, Tullie House, £7
Sponsored by the Royal Literary Fund

Louise Minchin, Dare to Tri

1.30pm, Crown & Mitre Ballroom, £8

Razwan Ul-Haq, Phobiastan - A Northern English Art and Poetic Response to Islamophobia

2pm, Carlisle Library, £5

Cate Haste, Passionate Spirit: The Life of Alma Mahler

2.30pm, Crown & Mitre Edwardian Room, £8

John Rees, The Leveller Revolution

2.30pm, Tullie House, £7

Emma Darwin, Memoir, Life-Writing and (Auto)Biographical Fiction

3 - 5pm, Tullie House, £12

Polly Atkin, Objectification: Writing the World Through Objects

3 - 5pm, Crown & Mitre Boardroom, £12

Sponsored by University of Cumbria, Institute of the Arts

Andrew Roberts, Churchill: Walking With Destiny

3.30pm, Crown & Mitre Ballroom, £8

Adele Parks, Truth, Truth, Truth: What's It Like Being A Career Novelist?

4pm, Tullie House, £7

Gervase Phinn, The School Inspector Calls!

5.30pm, Crown & Mitre Ballroom, £10

Sponsored by Eric Hagan Opticians

Kerry Darbishire, Geraldine Green, Katie Hale and Helen Mort, Northern Powerhouse

7.30pm, Cakes & Ale Café, £6

Amanda Owen, Adventures of the Yorkshire Shepherdess

8pm, Crown & Mitre Ballroom, £10

Sunday 6th October**Luke Yates, An Introduction to Emotive Songwriting**

10.30am - 12pm, Crown & Mitre Edwardian Room, £12

Marianne Taylor, Scottish Wildcats – Their Past, Present and Uncertain Future

10.30am, Tullie House, £7

David Mark, Creative Writing Masterclass

10.30am - 3.30pm, Crown & Mitre Boardroom, £35

Andrew White, Pitching and Writing for Magazines

10.30am - 12.30pm, Tullie House Meeting Room, £12

Helen Mort and Katie Hale, Where Do We Draw the Line?

11.30am, Crown & Mitre Ballroom, £8

Sponsored by University of Cumbria, Institute of the Arts

Sue Armstrong, Borrowed Time: How and Why We Age

12.30pm, Tullie House, £7

Angela Gallop, A Forensic Scientist's Search for the Truth

1.30pm, Crown & Mitre Ballroom, £8

Andrew Hill, Ruskinland

2.30pm, Tullie House, £7

Sponsored by University of Cumbria, Institute of the Arts

Emma Decent, I Don't Know What I'm Supposed to be Doing

2.30pm, Carlisle Library, £5

Andrew White, Marketing Yourself: A Guide for the Self-Published or Freelance Writer

2.30 - 4.30pm, Tullie House Meeting Room, £12

Eduardo Albert and Paul Gething, Warrior: A Life of War in Anglo-Saxon Britain

3.30pm, Crown & Mitre Ballroom, £8

Jovan Nicholson, The Art of Kate Nicholson

4pm, Tullie House, £7

Jackie Morris, The House Without Windows

5.30pm, Crown & Mitre Ballroom, £8

Monday 7th October**Liz Grand, Where is Mrs Christie?**

7.30pm, Crown & Mitre Ballroom, £12

Sponsored by Carlisle City Council

Border Mics! Open Mic Night with**Lucy Burnett**

7.30pm, Vallum Art Gallery, Brampton Road Campus, Free - ticketed entry

Tuesday 8th October**An Evening with Alexander McCall Smith**

7.30pm, Crown & Mitre Ballroom, £10

Sponsored by University of Cumbria, Institute of the Arts

TICKET INFORMATION

Online at www.borderlinescarlisle.co.uk

In person from Bookends, 19 Castle Street, Carlisle CA3 8SY, 9.30am - 5pm Monday - Saturday, 11.30am - 4pm Sunday

Please note that if tickets are posted out, there will be an administrative fee of £1.

By phone For queries **only** call 07412 366152 or email borderlinescarlisle@gmail.com

Cumbria life

Proud supporter of the
2019 Borderlines Carlisle Book Festival
 and of Cumbrian arts and culture every month



CULTURE MY LIFE IN... POETRY / **1** *the Guide*

A way with words

After meeting poet John Galsworthy at the Carlisle Book Festival in 2017 to work on the 2017 Annual Anthology, I met Galsworthy at the 2017 Annual Anthology Book Fair. As a poet, I was interested in the way he wrote and the way he thought about writing and how to write. I met Galsworthy at the 2017 Annual Anthology Book Fair. As a poet, I was interested in the way he wrote and the way he thought about writing and how to write.

WORDS BY ALAN PROBERT

My day varies depending on whether I'm writing, teaching, preparing for meetings and workshops, or doing an event. I'm usually in the office from 9am to 5pm, but I often work longer hours.

Most of my published work is poetry and essays on poetry. My first poetry book was published in 1987. I had a lot of individual poems published in magazines and anthologies, and I've since published several poetry collections.

One of the most exciting things I've been doing at the festival is being in the arena with the poets. I've been invited to give a talk and to read my poems. I've also been invited to give a workshop on writing poetry.

That's something which means to me as a poet. It's something which means to me as a poet. It's something which means to me as a poet. It's something which means to me as a poet.

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ALAN PROBERT

BOOK REVIEWS *1* *the Guide*

Book of the month
Preserving what matters most: Katie tells a vivid tale with her debut novel

MY NAME IS HOBSTED
KATE RAY, 65

It's the small, unassuming book that has the most impact. It's the small, unassuming book that has the most impact. It's the small, unassuming book that has the most impact.

The Making of Poetry
Coverage, the Wordsworths and the 'New Wave'

Adam Nicolson's new book, 'The Making of Poetry', is a history of the poetry of the 19th century. It's a history of the poetry of the 19th century. It's a history of the poetry of the 19th century.

The Exiles

Robert Gables' new book, 'The Exiles', is a history of the poetry of the 19th century. It's a history of the poetry of the 19th century. It's a history of the poetry of the 19th century.

Reflections from the Lakes

Robert Gables' new book, 'Reflections from the Lakes', is a history of the poetry of the 19th century. It's a history of the poetry of the 19th century. It's a history of the poetry of the 19th century.

A Breed Apart
My Adversers with British Rare Breeds

Adam Nicolson's new book, 'A Breed Apart', is a history of the poetry of the 19th century. It's a history of the poetry of the 19th century. It's a history of the poetry of the 19th century.

About now...

Robert Gables' new book, 'About now...', is a history of the poetry of the 19th century. It's a history of the poetry of the 19th century. It's a history of the poetry of the 19th century.

To subscribe call 01228 612760

Borderlines Book Festival has been developed through partnership working between public and private enterprise. The three partners are: Bookends Bookshop Carlisle; Cumbria County Council's Library Service and Tullie House Museum & Art Gallery Trust. Borderlines is a not-for-profit organisation with every penny going back into the festival. It has a fully constituted steering group consisting of representatives from the partner organisations, as well as a number of independent members.

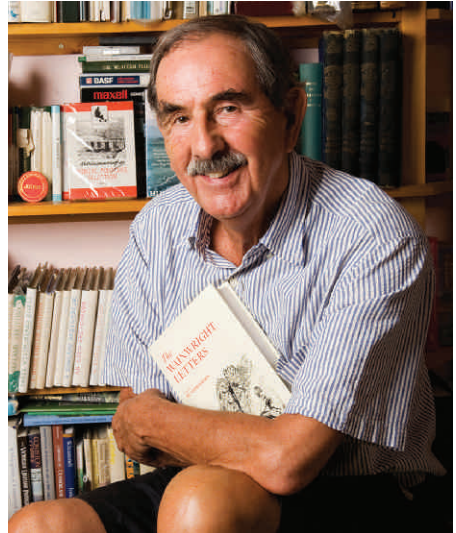
"Books do make a room...and book festivals do make a town"

Books do make a room, and book festivals do make a town. Oh yes, they do, giving it prestige and status, a literary and intellectual aura, attract tourists and visitors, provide real, live, in the flesh entertainment instead of all this canned and mechanical internet nonsense. Most of all, they keep authors off the streets, giving them an audience, a bed, and with a bit of luck a Green Room with loads of free food and drink.

Alas I had to miss last year's festival. I was otherwise engaged in St Bart's. No, not the Caribbean island but St Bart's, the London hospital, having a triple heart by-pass. Now back to playing football again, thanks for asking. So I will be in Carlisle for Borderlines this year. Can't wait...

Now please make an orderly queue in front of that table, where that poor, pathetic, lonely author is sitting, nervous and hesitant, worrying if anyone will really buy a copy of his wonderful book.

When my late wife Margaret Forster was alive, I often got quite a good queue and one of the frequent questions was "Is your wife here? It was your wife I really wanted to meet ...". When I said "No, sorry," they often immediately left the queue, buying nowt.



In the last years of her life, Margaret did not do book events, signing sessions, or public appearances. Me, I will go anywhere, the opening of a fridge even, smiling when the light goes on.

Not of course for my own glory, perish the thought, but for the greater good of all book festivals, everywhere but especially any in Carlisle. We need them. And we need you...

Thanks, and see you in October.

Hunter Davies OBE
Honorary President



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and the English Lakes
MA Creative Writing**

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University of
Cumbria 

The landscape of the English Lake District has been a source of inspiration to generations of poets, novelists, and other writers. The MA in Literature, Romanticism, and the English Lake District offers you a unique opportunity to study literary texts from the 18th to the 21st Century within the landscape and environment which inspired them. The MA Creative Writing gives you the opportunity to hone your craft, write your own response to these and other landscapes and identify your own writing inspirations and passions. Both courses are taught at the University of Cumbria's beautiful Ambleside campus, in the heart of the Lake District National Park - now a UNESCO World Heritage Site.

The full-time Literature MA runs for 11 months from September to August with three classes per week taught across two days, but can also be studied part-time, over two years. The full-time MA Creative Writing is taught through an innovative mix of three intensive week-long residentials, plus online / distance learning, enabling you to fit your learning around your other work and life commitments.

Thank you to our festival partners, committee members, volunteers and chairpersons



Special thank you to our Supporters



And thank you to our Sponsors



Borderlines online

Website www.borderlinescarlisle.co.uk **Email** borderlinescarlisle@gmail.com



Borderlines Carlisle



@borderlinesfest



@borderlinescarlisle

Thursday 26th September

7.30pm | Tullie House Museum | £7

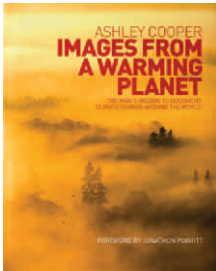
Ashley Cooper

Images From a Warming Planet



Ashley Cooper undertook a fourteen-year project to document the causes of climate change, its many impacts and the rise of renewable energy, on every continent on the planet. The stunning visual images he captured depict how natural

ecosystems are collapsing as the world warms. These images, and the measures we can take to avoid the worst excesses of climate change, have been published in his award-winning book, *Images From a Warming Planet*.



After gaining an Honours Degree in Geography from Aberystwyth University, **Ashley Cooper** spent three months travelling through East Africa before returning home to work, or fundraise, for several charities.

In 1994 he did his first climate change photo shoot in Alaska, becoming a full time professional photographer in 2010 - the year he won the climate change category of the Environmental Photographer of the Year Competition. He lives in Cumbria.

Saturday 28th September

7.30pm | Cakes & Ale Café | Free – ticketed entry

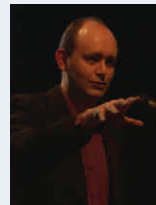
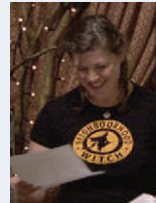
SpeakEasy

Freiraum

Freiraum (Spheres of Freedom) explored the question: “What does freedom mean in present day Europe?” It was a creative project developed and managed by AWAZ Cumbria, working with Cumbria based artists and groups including SpeakEasy, and part of a wider project of the Goethe-Institut.

This event includes performances by many of the Carlisle contributors, and offers the chance to purchase the anthology, published by Nick Pemberton's Caldew Press. Following Nick's death, Susan Cartwright-Smith and Philip Hewitson have taken over Caldew Press, continuing to produce works from SpeakEasy, and local poets.

Susan Cartwright-Smith is a writer, open water swimmer, costume maker, clog dancer, poet and fell walker. She has worked for a variety of theatres and venues, including English National Opera, Darngate Theatre and Rosehill Theatre. She is a regular contributor to Tullie House evenings such as Black History and Museums at Night. She has had work published by The Wildlife Trust, Forward Poetry, Arachne Press, and Caldew Press.



Philip Hewitson is a writer, poet, and film maker with a small production company, Tolivar Productions. He also hosts SpeakEasy open mic, has produced films for Carlisle Fringe festivals, facilitates Film Fling, and provides promotional films for Carlisle Unity festivals and the Multicultural Bazaar.

Sunday 29th September
5.30pm | Cakes & Ale Café
£6 including tea and cake

Zosia Wand
Readers' Party



What's the best book you've read this year? Who is your favourite fictional character? Where do you like to read? What's the worst book you've had recommended? Join author, Zosia

Wand for an evening dedicated to the joy of reading. Tea and cake included!

"Proof that book discussions do not have to be stuffy or high-brow. A great event. Illuminating, incisive and fun."

Zosia Wand is a novelist, playwright and occasional poet. She is passionate about books. Her reading tastes are broad and eclectic. Always delighted to meet other readers and discuss reading habits, Readers' Parties are her invention, a ruse to meet other readers and share new recommendations.

Monday 30th September
7.30pm | Stanwix Arts Theatre | £8

Natalie Haynes
Troy Story



Star of the BBC Radio 4 series, *Natalie Haynes Stands Up for the Classics*, Natalie brings her unique combination of ancient history and stand-up comedy to take you on a tour around the Trojan War, the setting for her latest novel *A Thousand Ships*. From the causes of the war to its complex aftermath,



the stories of the women affected are largely untold but Natalie takes them out of the shadows and puts them where they belong – at the heart of the story.

Natalie Haynes is a comedian, classicist, writer and broadcaster. She writes for the Guardian and is a regular contributor to BBC Radio 4 programmes including *Natalie Haynes Stands Up for the Classics*, now into its fifth series. She is the author of five books: her most recent novel, *A Thousand Ships*, was published in May this year.

Tuesday 1st October
7.30pm | Stanwix Arts Theatre | £8

Iain Matthews and Ian Clayton
Words and Music



Iain Matthews' critically acclaimed memoir *Thro' My Eyes* is structured around a series of Matthews' songs and illustrated by the stories that

inspired them. Together with co-author Ian Clayton, this intimate show brings the book to life with stories read by Ian Clayton interspersed with live songs from Iain Matthews.

Iain Matthews is best known as vocalist for Fairport Convention, Matthews Southern Comfort, Plainsong and a prolific solo career. In over 50 years in the music business, he has made a string of highly regarded albums and was recently described as 'the Godfather of Americana in the UK'.

Ian Clayton is an author, broadcaster and storyteller. His books include *Bringing It All Back Home*, a bestselling book about music; *Song For My Father* about his lifelong search for a father figure; *Our Billie* about loss; and *It's The Beer Talking* about a life in public houses and ale.

Wednesday 2nd October

7.30pm | Tithe Barn | £10

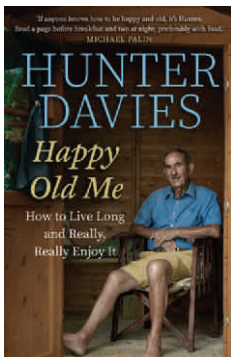
Hunter Davies Happy Old Me

Sponsored by
Cumbria Life



Photograph: Charlotte Knee

he manage the dishwasher? Did he sell his Loweswater house? And did he find a new chum? All will be revealed tonight when Hunter will be in conversation with *Cumbria Life* editor, Michaela Robinson-Tate.



cumbrialife

Hunter missed last year's festival as he had to have emergency triple heart bypass surgery. This year, the boy's back in town. After 55 years of marriage to Margaret Forster, three years ago Hunter was left on his own. How did he cope? Did

Hunter Davies was born in Renfrew, Scotland and brought up in Carlisle from the age of eight. He was educated at Durham University and is one of our best known and most prolific writers and journalists. *Happy Old Me* is his third volume of memoirs following *The Co-op's got Bananas* and *A Life in the Day*.

Thursday 3rd October

7.30pm | Stanwix Arts Theatre

Free – ticketed entry

Lauren Sharkey Resisters

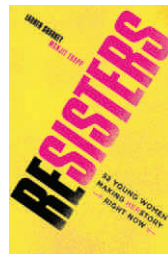
Sponsored by the
Cumberland Building
Society

The Cumberland



Change is happening. And whether it's the fight for gender equality or a desire to halt the climate crisis, the youth are leading it, following the example of young activists such as Sweden's Greta Thunberg. In this eye-

opening discussion, author Lauren Sharkey and a panel of inspirational women will delve into the causes that deserve attention and offer tips on how young people can be the change they want to see in the world.



The panel includes: former Miss Cumbria and charity campaigner Claire Bell; Carlisle Youth Zone Development Manager Lynsey Buckle; Carlisle's first Green Party City Councillor Helen Davison; and BBC Radio Cumbria presenter Caroline Robertson.

Lauren Sharkey is a London- based journalist and author specialising in gender equality, cultural issues and women's rights. She began her career in the fashion industry before moving to work at Yahoo. Her first book, *Resisters: 52 Young Women Making Herstory Right Now*, tells the stories of young campaigners between the ages of 9 and 22 currently working to improve the lives of people across the globe.

Friday 4th October

1.30pm | Crown & Mitre Ballroom | £8

Tim Farron

A Better Ambition: Confessions of a Faithful Liberal



As with his autobiography, *A Better Ambition*, Tim Farron's talk will offer an insider's view of the defining events in the turbulent politics of recent years. After the

coalition government, and with the current division over Brexit and Scottish independence, he will ask what role there is for compromise and reconciliation, and question whether - having achieved dominance in the western world - Liberalism might have lost itself in the process. Can it be redeemed, and what is next for British politics?



Tim Farron was the president of the Liberal Democrats during coalition, the party leader during the referendum, the winner of *Celebrity Mastermind* and has been MP for Westmorland and Lonsdale from 2005 to the present. He is a liberal to his fingertips, a committed Christian

and a Blackburn Rovers fanatic. He and his wife Rose live in Cumbria with their four children and dog Jasper.

Friday 4th October

3.30pm | Crown & Mitre Ballroom | £8

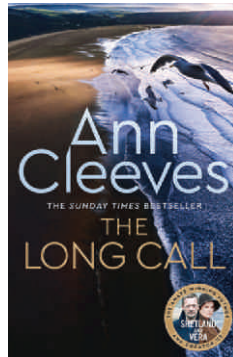
Ann Cleeves

Detective Creations

Sponsored by
Architects Plus



Join Ann Cleeves, the bestselling author and creator of popular detectives Vera Stanhope and Jimmy Perez, for an afternoon of crime and chat. Find out how your favourite characters come to life and meet her brand-new creation, Detective Matthew Venn, from *The Long Call*, the first novel of her new series, set in North Devon where Ann grew up.



Ann Cleeves is the author of over thirty critically acclaimed novels and the hugely successful TV series *Vera* and *Shetland* are based on her books. In 2017 Ann was awarded the highest accolade in crime writing, the CWA Diamond Dagger. Ann is also a passionate champion for libraries and was a National Libraries Day Ambassador.

Friday 4th October

5.30pm | Crown & Mitre Ballroom | £10

Joanne Harris**The Strawberry Thief**Sponsored by
Truffles of Brampton

Photograph: Kyte Photography

Bestselling author Joanne Harris talks about her life, career and her return to writing about her best-known characters from *Chocolat*.

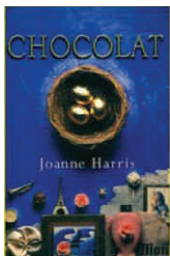
Her new novel *The Strawberry Thief* has been written twenty years on since she first

introduced us to Vianne Rocher, her daughters and her fellow villagers in Lansquenet-sous-

Tannes. Joanne will be in conversation with BBC Arts producer, Serena Field.



Joanne Harris was born in Barnsley, of a French mother and an English father. She was educated at Cambridge and was a teacher for many years. She has written several novels, screenplays, a musical and three cookbooks. In 2000, her million-selling novel *Chocolat* was adapted to the Oscar-nominated film starring Juliette Binoche and Johnny Depp. Joanne is an Honorary Fellow of St Catherine's College, Cambridge, and in 2013 was awarded an MBE.



TICKET OFFER: To celebrate our love of chocolate, why not indulge in a double helping? Buy tickets for Joanne Harris and Salon du Chocolat (Friday 4th October, 8pm Crown & Mitre Ballroom) for £16.

Friday 4th October

8pm | Crown & Mitre Ballroom | £10

Scary Little Girls**Salon du Chocolat**

Allow the Salon du Chocolat to stimulate your senses!



When chocolate was first introduced in England in the 1600s, it was considered a taboo substance, enjoyed only by the risqué and elite in private salons. Some of our finest literature was also once considered too provocative for public

consumption and was heard in similar salon environments by only the boldest of ears. **Scary Little Girls** recreate these intimate environs, combining mouth-watering chocolate treats with tales of the secret, the banned and the scandalous from authors such as Lord Byron, John Donne, Angela Carter and Joanne Harris.

90 minute performance, including interval.
Age guidance 14+



Scary Little Girls is an English production company with a passion for stories that are historically or culturally excluded. Most of their work revolves around literary, feminist

and historical themes. They have appeared regularly at the Edinburgh Fringe as well as at Glastonbury Festival.

Saturday 5th October

10.30am | Tullie House Museum | £7

Alan Brown

Overland: A Bikepacking Journey



Seeking an escape from city life and a world gone mad, Alan Brown challenged himself to an off-road coast-to-coast ride through the Highlands – without creature comforts or high-tech cycling gear. This is the story of the ups and downs, from weather to

wildlife, and the sheer pleasure he discovered in the freedom and self-reliance.

Alan Brown has had a varied career including environmental chemistry, academia and freelance programming. As a director of the charity The Bike Station in Edinburgh, he is an advocate for cycling and its benefits to health and society. *Overlander*, his first book, has been greeted with both enthusiasm and critical acclaim.

Ticket offer: Interested in sporting challenges? Buy a double ticket for Alan Brown and Louise Minchin: Dare to Tri (Saturday 5th October, 1.30pm, Crown & Mitre Ballroom) for £12.

Saturday 5th October

10.30am - 12pm
Tullie House Function Room | £5

Malcolm Carson

Poetry Breakfast



Time to listen to poets and writers reading their own work, or perhaps time to read your favourite prose or poetry, if you don't write your own. Usually, around five minutes is allowed per reader and the atmosphere

is relaxed and supportive with Malcolm Carson hosting our popular poetry breakfast. The ticket price includes a hot drink and pastry.

Malcolm Carson was born in Cleethorpes, Lincolnshire. He studied English at Nottingham University, and then taught in colleges and universities. He has had four poetry collections published by Shoestring Press: *Breccia* in 2006, *Rangi Changi* in 2011, *Route Choice*, in 2016, *The Where and When* in 2019, and a pamphlet, *Cleethorpes Comes to Paris* in 2014.

Saturday 5th October

11.30am | Crown & Mitre Ballroom | £8

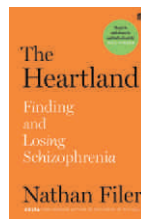
Nathan Filer

The Heartland: Finding and Losing Schizophrenia



Photograph:
Emily Parker

Nathan Filer, mental health nurse and award-winning writer, takes us on a journey into the psychiatric wards where he once worked. He also invites us to spend time with world-leading experts, and with some extraordinary people who share their own true stories about living with this strange and misunderstood condition. Along the way, he helps us open our minds to new ways of thinking about mental health, about each other, and about ourselves.



Nathan Filer is a qualified mental health nurse. *The Shock of the Fall*, his novel about the life of a young man grieving the loss of his brother, has sold over half a million copies and was a *Sunday Times* bestseller and translated into thirty languages. It won the *Costa Book of the Year* in 2013, and the *Betty Trask Prize* for first novel in 2014. He writes for the *Guardian* and the *New York Times*. He is currently a Reader in Creative Writing at Bath Spa University.

Saturday 5th October

11.30am | Carlisle Library
£4 for adults, free for children

Jamie Normington
The Lost Words



Robert Macfarlane and Jackie Morris' acclaimed book, *The Lost Words*, was inspired by the decision to remove fifty 'nature' words from the Oxford Junior Dictionary – words like "acorn", "bluebell" and "wren" – to make way for words more

associated with the interior, solitary, tech-based childhoods of today, like "broadband", "chatroom" and "voicemail".

In June 2019, Jamie Normington, of Cumbria Wildlife Trust, walked 200 miles carrying a copy of *The Lost Words* to raise money for copies of it to be put into 200 schools in Cumbria, and to raise money for autism support. In this family friendly event for all ages, Jamie will recount funny stories from his "Lost Words" journey, accompanied by amazing wildlife art and photographs, and beautiful music from The Lost Words' Spell Songs....and there might even be time for a proper game of conkers!



Children are invited to bring along to the event their own drawings inspired by the "lost words", and there will be a signed copy of *The Lost Words* book for the best one.

Jamie Normington is Cumbria Wildlife Trust's Education & Volunteer Officer. He is one of Cumbria's most enthusiastic voices for wildlife and for all the people who enjoy nature around our county.

Ticket offer: buy a double ticket for Jamie Normington and Jackie Morris: The House Without Windows (Sunday 6th October, 7.30pm, Crown & Mitre) for £10.

Saturday 5th October

12.30pm | Tullie House Museum | £7

Emma Darwin

This is Not a Book About Charles Darwin: A writer's journey through my family

Sponsored by the Royal Literary Fund



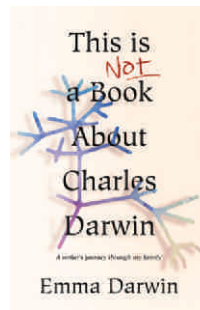
Royal Literary Fund



Photograph: JP Masclet

Books about Emma Darwin's great-great-grandparents, Charles and Emma Darwin, are legion, but when she agreed to write a novel about her family, she looked for stories less often told. Join her on her journey through the artists, scientists,

composers & poets of the Darwin-Wedgwood-Galton clan, as seen through the lens of her creative struggle to write fiction about them.



Emma Darwin's debut novel, *The Mathematics of Love*, was nominated for both Commonwealth Writers' Best First Book, and RNA Novel of the Year; her memoir, *This is Not a Book About Charles Darwin*, was published in February. She has a PhD in Creative Writing and blogs at This Itch of Writing.

This talk is kindly sponsored by the **Royal Literary Fund**, which was founded in 1790 to help professional authors. Past beneficiaries have included Coleridge, Ivy Compton-Burnett, D H Lawrence and Dylan Thomas. Last year it helped 200 writers, though not all of them are quite so famous yet.

Saturday 5th October

1.30pm | Crown & Mitre Ballroom | £8

Louise Minchin

Dare to Tri



Dare to Tri tells the amazing story of Louise Minchin's journey from the BBC Breakfast sofa to representing Great Britain at the World Triathlon Championships. A warm and wonderfully honest account that will both entertain and

inspire, Louise explains how she rediscovered competitive sport after 30 years and took her first tentative steps as a triathlete.



Louise Minchin is one of the UK's best-known news presenters and broadcasters. For more than six years she has been the anchor of BBC Breakfast, the UK's most popular breakfast television programme, watched by over six million viewers a day.

Ticket offer: buy a double ticket for Louise Minchin and Alan Brown: Overlander - a Bikepacking Journey (Saturday 5th October, 10.30am, Tullie House) for £12.

Saturday 5th October

2pm | Carlisle Library | £5

Razwan Ul-Haq

Phobiastan - a Northern English Art & Poetic Response to Islamophobia



Phobiastan touches on themes of Islamophobia and belonging in the North of England. Through imagery of rain, Arabic calligraphy and interesting facts

– such as the reaction of the first Arab explorer to England 850 years ago – Razwan moves the reader towards healing in a fragmented world.



Razwan Ul-Haq is an artist and author, blending English poetry and Arabic Calligraphy. He is a widely exhibited artist whose work has been displayed in galleries and museums. His commissions include *Land Art* for the inaugural Tour de France of Britain and to celebrate the birthday of Her Majesty the Queen.

Saturday 5th October

2.30pm | Crown & Mitre Edwardian Room | £8

Cate Haste

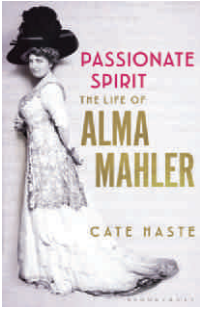
Passionate Spirit



Cate Haste's *Passionate Spirit: The Life of Alma Mahler* is a major reappraisal of Alma Mahler, one of the most misunderstood and controversial muses in recent history. Haste looks beyond the men who were besotted with Alma to reassess her

Photograph: Peter Ibbotson

legend and legacy. She draws extensively on unpublished letters (both Alma's and others) and diaries, bringing to light a woman who was determined to pursue her independence and forge her own path.



Cate Haste is a biographer, author and documentary filmmaker. She spent considerable time studying the letters and diaries of Alma and her friends, husbands and contemporaries, as well as many enjoyable hours interviewing Alma's granddaughter, Marina Mahler. Her previous works include

the prize-winning *Sheila Fell: A Passion for Paint*, and books including *Craigie Aitchison, Nazi Women*, *Clarissa Eden* and, with Cherie Blair, *The Goldfish Bowl*.

Saturday 5th October

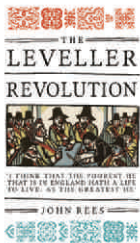
2.30pm | Tullie House Museum | £7

John Rees

The Leveller Revolution



John Rees brings to life the men and women who ensured victory and became an inspiration to republicans of many nations. The Levellers became a political movement during the English Civil Wars (1642–1651), committed to popular sovereignty, wider suffrage, equality before the law and religious tolerance. They are central figures in the history of democracy and their story reasserts the revolutionary nature of the Civil War, and the role of ordinary people in this pivotal moment in history.



John Rees is an historian, broadcaster and campaigner. He is co-author of *A People's History of London* and author of *The Leveller Revolution* and *Timelines: A Political History of the Modern World*, among other titles. He is a Visiting Research Fellow at Goldsmith's, University of London and a National Officer of the Stop the War Coalition.

Saturday 5th October

3.30pm | Crown & Mitre Ballroom | £8

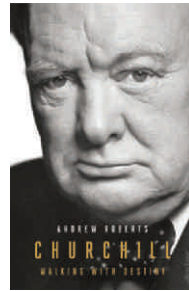
Andrew Roberts

Churchill: Walking with Destiny



Photograph: Anna Kunst

Winston Churchill towers over every other figure in twentieth-century British history. Andrew Roberts draws on over forty new sources, including the private diaries of King George VI, to depict Churchill far more intimately as an individual, warts and all. He reveals his virtues and character, his titanic capacity for work (and drink), his ability to see the big picture and his willingness to take risks, together with his friendships and family life.



Andrew Roberts is a biographer and historian of international renown whose books include *Salisbury: Victorian Titan*; *Masters and Commanders*; and *The Storm of War*.

His most recent book was *Napoleon the Great*. He is a Fellow of the Royal

Society of Literature and the Royal Historical Society, and a Trustee of the International Churchill Society. He is currently Visiting Professor at the Dept of War Studies at King's College, London.

Saturday 5th October

4pm | Tullie House Museum | £7

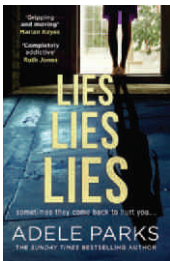
Adele Parks

Truth, Truth, Truth: What's It Like Being a Career Novelist?



Photograph: Sekkides

Adele Parks always wanted to be a writer: she will tell us how that ambition was realised and reveal what the day to day reality of being a novelist is like for her. Adele will explain where she gets her inspiration and the importance of self-motivation and organisation. Her latest domestic thriller is *Lies, Lies, Lies*, a gripping and unsettling tale full of twists and turns!



Adele Parks is one of Britain's most successful and best-known novelists and has published eighteen bestselling novels in eighteen years. A multi award-winning author, she has sold 3.5 million copies of her work in the UK alone and is translated into twenty-six languages. Adele lives in Guildford with her family.

Saturday 5th October

5.30pm | Crown & Mitre Ballroom | £10

Gervase Phinn

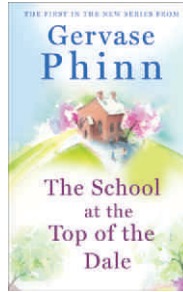
The School Inspector Calls!

Sponsored by
Eric Hagan Opticians



Prepare yourself for a feast of observational humour and laughter as Gervase Phinn recounts tales and anecdotes from his life as a teacher and as a school

inspector. Gervase is a born raconteur and his stories are amusing, perceptive, and sometimes poignant. His talk is guaranteed to be laugh-out-loud funny, and entertaining.



Gervase Phinn is a freelance lecturer, broadcaster, writer, poet, educational consultant and a visiting professor of education. For fourteen years he taught in a range of schools in Yorkshire, and spent a further ten years as a school inspector - time that has provided much source material for his books.

Saturday 5th October

7.30pm | Cakes & Ale Cafe | £6

Kerry Darbshire, Geraldine Green, Katie Hale and Helen Mort Northern Powerhouse

Join us in the charming Cakes & Ale Café for an evening with four poets based in the North of England, whose poetry is rooted in place and travels the globe: Helen Mort, Geraldine Green, Kerry Darbshire and Katie Hale.



Kerry Darbshire's

poems appear widely in anthologies and magazines, have won competition prizes and been shortlisted for the Bridport Prize 2017. She has published two poetry collections: *A Lift of Wings* (2014) and *Distance Sweet on my Tongue* (2018), a

finalist in the Cumbria Culture Awards 2019. Her biography *Kay's Ark* was published in 2016 by Handstand Press.

Cumbrian poet **Geraldine Green** is a creative writing tutor and editor. Her work appears



widely in anthologies in the UK and USA. She has three collections and four pamphlets. In 2011 she gained a PhD in Creative Writing from Lancaster University. *Passing Through* was published in 2018 by Indigo Dreams.

Katie Hale's debut novel, *My Name is Monster*, was published by Canongate in 2019. She is the author of two poetry pamphlets: *Breaking the Surface* (2017) and *Assembly Instructions* (2019), which won the Munster Fool for Poetry Chapbook Prize.

Helen Mort has published two poetry collections with Chatto & Windus, Division Street (2013) and *No Map Could Show Them* (2015). She won the Fenton Aldeburgh Prize for best first collection. Her first novel *Black Car Burning* was published in 2019.

Saturday 5th October

8pm | Crown & Mitre Ballroom | £10

Amanda Owen

Adventures of the Yorkshire Shepherdess



Amanda Owen and her family recently featured in hit TV series *Our Yorkshire Farm*, watched by over 2 million viewers. This mum of nine (ranging in age from two to seventeen) and shepherdess to a thousand sheep brings us up-to-date with life on the farm with her

husband Clive, nine children and umpteen animals at Ravenseat in the Yorkshire Dales.

Amanda Owen grew up in Huddersfield but was inspired by the James Herriot books to leave her town life behind and head to the countryside.



After working as a freelance shepherdess, cow milker and alpaca shearer, she eventually settled down as a full-time shepherdess with her own flock of sheep at Ravenseat. *Adventures of the Yorkshire Shepherdess* is the third volume of her memoirs. Amanda was last year voted *Yorkshirewoman of the Year* by the *Dalesman* magazine.

Sunday 6th October

10.30am | Tullie House Museum | £7

Marianne Taylor

Scottish Wildcats: Their Past, Present and Uncertain Future



In her evocative nature narrative, *Tracking the Highland Tiger*, Marianne Taylor goes in search of the mysterious and rarely seen Scottish wildcat, which, as Britain's most threatened mammal, is on the edge of extinction. It may already be extinct in the wild. How

did things reach crisis point for this famously ferocious predator, and can we save it and restore its populations?



Marianne Taylor is a nature writer, photographer and illustrator. She has written many natural history books, including *Dragonflight* and *The Way of the Hare*. As a cat-lover from her earliest years, she has held a life-long fascination with the mysterious Scottish wildcat and its remote, rugged habitats.

Sunday 6th October

11.30am | Crown & Mitre Ballroom | £8

Helen Mort and Katie Hale
Where Do We Draw the Line?

Sponsored by
University of Cumbria,
Institute of the Arts

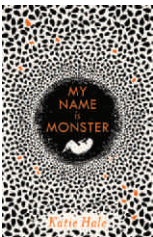


Photograph: Jan Bella

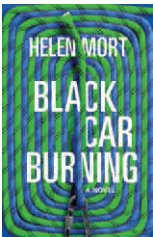


Photograph: Phil Rigby

Two poets-turned-novelists talk about the process of writing their debut works of fiction and whether being poets already gave them an advantage in writing that first novel. How do the art forms of poetry and prose inform one another and how do their novels reflect this?



Katie Hale's debut novel, *My Name is Monster* was published by Canongate in 2019. She is the author of two poetry pamphlets: *Breaking the Surface* and *Assembly Instructions* which won the Munster Fool for Poetry Chapbook Prize. She is a former MacDowell Fellow and Wordsworth Trust Poet in Residence. She regularly runs poetry workshops in schools.



Helen Mort has published two poetry collections with Chatto & Windus, *Division Street* and *No Map Could Show Them*. She won the Fenton Aldeburgh Prize for best

first collection. Her novel *Black Car Burning* was published in 2019. She teaches creative writing at Manchester Metropolitan University and she is also the author of *Lake District Trail Running* (Vertebrate).

Sunday 6th October

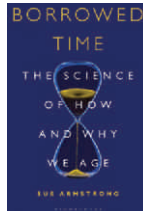
12.30pm | Tullie House Museum | £7

Sue Armstrong
Borrowed Time: How and Why We Age



In the UK the proportion of people over 85 is growing faster than any other age group. The implication for society – for jobs, pensions, health care - is a major preoccupation of our time. Here, science writer Sue

Armstrong tells of the quest to understand ageing, and how to prevent or delay the crippling conditions associated with old age.



Sue Armstrong is a science writer and broadcaster living in Edinburgh. She is the author of several books, including *p54: The Gene that Cracked the Cancer Code* and *A Matter of Life and Death: Inside the Hidden World of the Pathologist*.

Ticket offer: buy a double ticket for Sue Armstrong and Emma Decent: I Don't Know What I'm Supposed To Be Doing (Sunday 6th October, 2.30pm, Carlisle Library) for £10.

Sunday 6th October

1.30pm | Crown & Mitre Ballroom | £8

Angela Gallop
A Forensic Scientist's Search for the Truth



As one of the world's most eminent forensic scientists, Professor Angela Gallop has helped solve many high-profile cases such as the killings of Stephen Lawrence, Damilola Taylor and Rachel Nickell. Never before has criminal



justice rested so heavily on scientific evidence and, from her first crime scene in a case that involved the Yorkshire Ripper, to her latest investigations, Professor Gallop has seen tremendous change. Far more fascinating than any fiction, her cases and how she reached her conclusions,

make for riveting reading in her memoir, *When the Dogs Don't Bark*.

Angela Gallop, during her 40 year career, has specialised in cold-case investigations, and has led forensic teams to find vital evidence in many of the UK's most challenging cases. She is professor of Forensic Science at Strathclyde University and was awarded a CBE in 2015 for her services to forensic science.

Sunday 6th October

2.30pm | Tullie House Museum | £7

Andrew Hill Ruskinland

Sponsored by
University of Cumbria,
Institute of the Arts



Who was John Ruskin? What did he achieve - and how? And what makes his ideas so important today? In the bicentenary year of the birth of this great thinker and champion of the Lake District, Andrew Hill explains

how he discovered Ruskin and how the Victorian writer's ideas on art, architecture, economics, science and the environment shape the way we live, think and work today.



Andrew Hill is an award-winning columnist, senior journalist and management editor at the Financial Times. He is the author of *Ruskinland: How John Ruskin Shapes Our World* (Pallas Athene, 2019) and *Leadership in the Headlines*, a selection

of his FT columns and insights about how leaders lead.

Ticket offer: buy a double ticket for Andrew Hill and Jovan Nicholson: The Art of Kate Nicholson (Sunday 6th October, 4pm, Tullie House) for £10.

Sunday 6th October

2.30pm | Carlisle Library | £5

Emma Decent

I Don't Know What I'm Supposed To Be Doing



'I don't know what I'm supposed to be doing' was something Emma's librarian mother said repeatedly when she had dementia. Now she's died Emma is

wondering that for herself. A powerful, funny one-woman show using theatre, film and library books to tell a family tale that packs a punch.

Emma Decent is a writer, performer, poet and theatre-maker based in the north. She specialises in autobiographical themes, inspiring audiences wherever she goes with her entertaining, touching and thought-provoking performances. Relevant and challenging, she tells stories for all navigating life, one another and the human condition.

Ticket offer: buy a double ticket for Emma Decent and Sue Armstrong: Borrowed Time: How and Why We Age (Sunday 6th October, 12.30pm, Tullie House) for £10

Sunday 6th October

3.30pm | Crown & Mitre Ballroom | £8

Edoardo Albert and Paul Gething

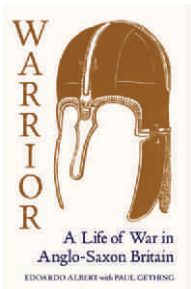
Warrior: A Life of War in Anglo-Saxon Britain



Photograph: Tjasa Kalamar

This is the thrilling true tale of an Anglo-Saxon warrior skeleton unearthed at the Bamburgh Castle dig in Northumberland. The authors trace his life from being

a celebrated fighter in the service of the king, to his burial with his young son. They recreate the turbulent times in which he lived, when Britain was a patchwork of competing kingdoms, riven by waves of religious fervour, scattered tribal expansion and terrible bloodshed.



Edoardo Albert is a writer, journalist and historian who has published several books set in the Anglo-Saxon period. He has written for the *Sunday Times*, *History Today* and *Time Out*. He co-wrote *Northumbria: the Lost Kingdom* with Paul Gething. He lives in London.

Paul Gething is lead archaeologist and director at the Bamburgh Castle dig. Paul divides his archaeological time between experimental work (smelting, blade-smithing and jewellery making techniques) and writing. He has written for *History*, *The Great Outdoors* and *Time Out*. He lives in York.

Sunday 6th October

4pm | Tullie House Museum | £7

Jovan Nicholson

The Art of Kate Nicholson



Jovan explores the career of the St Ives artist Kate Nicholson, daughter of Ben and Winifred Nicholson, from her early landscapes, the still lifes painted in Cumberland and St Ives, the abstracts – many inspired by her travels in Greece – to the late works made on the Isle of Eigg in the Hebrides. He looks at her artistic relationship with her mother, Winifred, with whom she painted in Cumberland, Scotland and Greece.



Jovan Nicholson

is an art historian and curator with a particular interest in modern British art. He is an acknowledged expert on Winifred Nicholson's work, a grandson of Ben and Winifred Nicholson, and a nephew of

Kate Nicholson. He is the author of several art monographs including *Art and Life: Ben Nicholson*; *Winifred Nicholson*; *Christopher Wood*; *Winifred Nicholson: Liberation of Colour* and *Winifred Nicholson in Cumberland*.

Ticket Offer: buy a double ticket for Jovan Nicholson and Andrew Hill: Ruskinland (Sunday 6th October, 2.30pm, Tullie House) for £10.

Sunday 6th October

5.30pm | Crown & Mitre Ballroom | £8

Jackie Morris

The House Without Windows



Photograph: Jay Armstrong

The House Without Windows was a million copy bestseller when it was first published in 1927, and its author, American child prodigy

Barbara Newhall Follett, was just 12 years old. It is the irresistible and entirely unique story of one little girl's desire to escape into the wilderness, and despite being lost for many years, it still speaks powerfully to our modern world. Jackie Morris, the co-creator of publishing sensation *The Lost Words*, will talk about this lost children's classic, and the stunningly beautiful ink illustrations which she created for this new edition.



Jackie Morris grew up in the Vale of Evesham, dreaming of becoming an artist and living by the sea. She has now created over forty children's books, including the bestselling and critically acclaimed modern classic *The Lost Words*, for which

she was awarded the prestigious CILIP Kate Greenaway Medal for children's book illustration in June this year. Her books have sold more than a million copies worldwide. Jackie lives in a cottage on the cliffs of Pembrokeshire, which she shares with a small pride of cats and various other gentle creatures.

Ticket offer: Buy a double ticket for Jackie Morris and Jamie Normington: *The Lost Words* (Saturday 5th October, 11.30am, Carlisle Library) for £10.

Monday 7th October

7.30pm | Crown & Mitre Ballroom | £12

Liz Grand from the Worcester Repertory Theatre stars in

Where is Mrs Christie?

Sponsored by
Carlisle City Council



Agatha Christie was one of the greatest thriller writers of all time and certainly the most prolific. In 1926, she was at the centre of a mystery as perplexing as any of her fiction in a series of events which sparked one

of the biggest and most extensive police hunts in history. Her crashed car was discovered in Surrey and the famous author was missing, presumed dead, for eleven days. She was eventually found at a luxury hotel in Harrogate. She claimed then, and for the rest of the life, that she had amnesia and remembered nothing. Neither the press nor the police believed her.



Liz Grand is a senior actress with the Worcester Repertory Company and presents her new one-woman show *Where Is Mrs Christie?* Mysteriously disappearing for 11 days in the 1920s, did Agatha Christie lie, and if so why? Did she suffer from amnesia? Was it a

publicity stunt? Or was there a darker secret involved in this disappearance which was to affect her for the rest of her life? The answer to all these questions will, as in all good thrillers, be revealed!

Monday 7th October

7.30pm | Vallum Art Gallery
Free – ticketed entry

Border Mics! Open Mic Night with Lucy Burnett



Now it's your turn to strut your literary stuff at this spoken word event at the Vallum Gallery at the Brampton Road campus. Register on the night - first come first served - for a few minutes in the spotlight, compered by local poet and

novelist Katie Hale! The evening will culminate in a reading by Lucy Burnett, Programme Leader of Creative Writing at the University of Cumbria, from her new poetry collection *Tripping Over Clouds*.

Lucy Burnett has two collections of poetry published by Carcanet Press (*Tripping over Clouds* and *Leaf Graffiti*) and a hybrid novel, *Through the Weather Glass*, with Knives Forks and Spoons Press. She currently lives in Cockermouth, where she gets out fell-running as often as possible, while working as programme leader in Creative Writing at the University of Cumbria.

Tuesday 8th October

7.30pm | Crown & Mitre Ballroom | £10

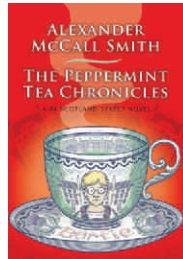
An Evening with Alexander McCall Smith

Sponsored by University of Cumbria, Institute of the Arts

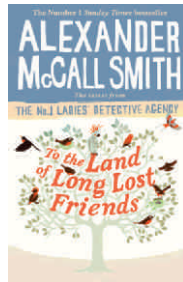


Photograph: Kirsty Anderson

Explore the world of Alexander McCall Smith as he discusses the latest happenings with Mma Ramotswe in Botswana, the return of the cast of Edinburgh's *44 Scotland Street*, and his new stand-alone novel, *The Second*



Worst Restaurant in France, before finally introducing you to Detective Ulf Varg - one of Sweden's top investigators of unusual, complicated, and insignificant crimes in the first book of a new series, *The Department of Sensitive Crimes*.



Alexander McCall Smith will be in conversation with BBC Arts Producer, Serena Field.

Alexander McCall Smith is one of the world's most prolific and best-loved authors. His various series of books have been translated into forty-six languages and become bestsellers throughout

the world. These include the popular *No. 1 Ladies' Detective Agency* books, the *44 Scotland Street* novels; the Isabel Dalhousie novels, and the von Igelfeld series. He is also the author of the Corduroy Mansions series, and the new Detective Varg series. He has also written a large number of stand-alone novels and books for children.

Ticket information

Online at www.borderlinescarlisle.co.uk

In person from Bookends, 19 Castle Street, Carlisle CA3 8SY, 9.30am - 5pm Monday - Saturday, 11.30am - 4pm Sunday

Please note that if tickets are posted out, there will be an administrative fee of £1.

By phone

For queries **only** call 07412 366152 or email borderlinescarlisle@gmail.com

Wednesday 2nd October

10.30am - 12.30pm
Carlisle Library Meeting Room | £12

Helen Weston

Writing as Therapy



Helen is a therapist and a writer, so combines the two disciplines in this innovative workshop, which looks at the therapeutic power of writing out trauma alongside the exploration of identity that creative writing affords.

The workshop will involve

some intriguing writing exercises, so please bring pen and paper.

Helen Weston has published a novel and a memoir and has led several creative writing workshops (one lasting three years!). Her recent novel, *It is Solved by Walking*, explores the debatable lands where therapy and fiction meet. She has a therapy practice near Dalston.

Friday 4th October

10.30am - 12.30pm | Carlisle Library Meeting Room | £12

Sarah Davy

Starting a Writer's Blog

Sponsored by the
Phil & Lit Society



When you have a story to share, a blog is a perfect place to start. In this workshop, you'll get to grips with finding your writer's voice, developing a writing habit and the basics of setting up, planning and writing a blog.

Sarah Davy is a writer from rural Northumberland. She leads writing groups, workshops and is Writer in Residence at Forum Books in Corbridge. Her flash fiction is published online and in print and she is currently working on a novel. She blogs at www.writeonresidency.wordpress.com

Saturday 5th October

10am - 1pm
Crown & Mitre Boardroom | £25

Adele Parks Masterclass

20 Tips for Getting That Novel Written – No Excuses!



Photograph:
Sekkides

Writing a novel is an oft-cited ambition of the British public but so often people simply don't know where to start or how to finish! This workshop offers 20 sensible tips to help realise your ambition. Bestselling novelist Adele Parks offers

encouragement and a practical guide to the elusive art, craft and graft of fiction writing. If anyone knows how to write successful novels, then Adele certainly does!

There will be a hot drinks break at 11.30am.

Adele Parks has published eighteen bestselling novels in eighteen years. Award winning, she's sold 3.5 million copies of her work in the UK alone and is translated into twenty-six languages. Her latest novel *Lies, Lies, Lies*, to be published in September, is set to be her next success. She lives in Guildford with her family.

Adele Parks will also be talking about her writing life at Tullie House at 4pm today

Saturday 5th October

10 - 11.30am | Tullie House Community Room
£12

Razwan Ul-Haq

Arabic Calligraphy: Traditional Materials and Conceptual Art

Sponsored by
Architects Plus



Learn traditional Arabic calligraphy techniques using bamboo and hand-mixed ink. See also how Razwan Ul-Haq has fused traditional methods with modern art to

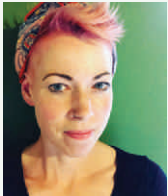
celebrate the North of England through Arabic Calligraphy. All materials provided but you are welcome to bring along a sketch book!

Razwan Ul-Haq is an artist and author, blending English poetry and Arabic Calligraphy. He is a widely exhibited artist whose work has been displayed in galleries and museums. His commissions include *Land Art* for the inaugural Tour de France of Britain and to celebrate the birthday of Her Majesty the Queen.

Saturday 5th October
12 - 2pm | Tullie House Meeting Room | £12

Helen Mort
Where Am I? Writing Place, Placing Writing

Sponsored by the University of Cumbria, Institute of the Arts



In this creative writing workshop, Helen Mort will help you consider how place can be more than a setting in poetry and fiction. Landscapes can be characters, points of departure and return, sources of inspiration,

essential and unknown. Come prepared to think about where you're from, where you love and where you're going. The focus of the workshop will be on writing poems but it will accommodate all levels of experience.

Helen Mort has published two poetry collections with Chatto & Windus, *Division Street* and *No Map Could Show Them*. She won the Fenton Aldeburgh Prize for best first collection. Her novel *Black Car Burning* was published in 2019. She has taught creative writing for The Open University and was a Douglas Caster Cultural Fellow at The University of Leeds. She received the Andrew Waterhouse Prize at the Northern Writers Awards in 2018.

Saturday 5th October
3 - 5pm | Tullie House Meeting Room | £12

Emma Darwin
Memoir, Life-Writing and (Auto)Biographical Fiction



Photograph: JP Masclat

Writing about real lives and experiences – your own, or someone else’s – is rewarding but also daunting. How do you fill the gaps? What if there’s too much information? How do you keep the reader reading? In this practical workshop we will explore how to set about shaping and developing real-life material into a satisfying story.

Emma Darwin's debut novel, *The Mathematics of Love*, was nominated for both the Commonwealth Writers’ Best First Book, and the RNA Novel of the Year; her memoir, *This is Not a Book About Charles Darwin*, was published in February. She has a PhD in Creative Writing and blogs at *This Itch of Writing*.

Saturday 5th October
3 - 5pm | Crown & Mitre Boardroom | £12

Polly Atkin
Objectification: Writing the World Through Objects

Sponsored by University of Cumbria, Institute of the Arts



This workshop asks you to bring along an object of personal significance, which you will use to explore how close observation can link experience and history to things beyond you. We will apply the same techniques to a natural object to discuss how we can write about the world around us.

WORKSHOPS

Polly Atkin lives in Grasmere. Her first full poetry collection *Basic Nest Architecture* (Seren: 2017) is followed by another pamphlet, *With Invisible Rain* (New Walk Press: 2018). She is a Penguin Random House Write Now mentee for a non-fiction book reflecting on place, belonging and living with chronic illness.

Sunday 6th October

10.30am – 12pm

Crown & Mitre Edwardian Room | £12

Luke Yates

An Introduction to Emotive Songwriting



Whether you're an experienced songwriter, or a fledgling troubadour - this workshop will enable you to deeply connect with your listeners and write more authentic, and more impactful songs.

You'll experience an introduction to the techniques that hit songwriters use to create songs that truly move an audience. This class is appropriate for all ability/experience levels.

NB. There will be an opportunity for a couple of songwriters to have a song critiqued in the session - send an email to hello@lukeyatesmusic.co.uk with an mp3 and lyric sheet to be considered for a live critique.

Luke Yates is a multi-instrumentalist singer-songwriter, but he's no textbook troubadour. He has spent the last 3 years working as an artist mentor / business coach and empowers songwriters and entrepreneurs to find their authentic voice through storytelling.

"Luke has many strings to his bow.. An absolutely superb songwriter" - Bob Harris, BBC Radio 2

"Immensely likeable, he had a stage presence that immediately endeared you to him" - Chris Farlie, W21Music

Sunday 6th October

10.30am – 3.30pm

Crown & Mitre Boardroom | £35

David Mark

Creative Writing Masterclass



Photograph:
Nicola Jayne

In this introduction to creative writing, David will help writers at every stage of their careers turn their killer ideas into a marketable manuscript. Whether you're struggling for inspiration, started a novel and lost your way, or just want to know now you've finished your masterpiece, David will try to provide the answers.

This Masterclass runs from 10.30 – 12.30 and 1.30 – 3.30 with a break for lunch in between. Lunch is not provided but there is a range of food outlets nearby.

David Mark is a former crime journalist who began his writing career with the Cumberland



News and has become one of the UK's most popular and critically-acclaimed crime writers. His dark, gritty DS McAvoy novels have been bestsellers around the world, translated into several languages, and been adapted for the stage.

Sunday 6th October

10.30am – 12.30pm

Tullie House Meeting Room | £12

Andrew White

Pitching and Writing for Magazines

With a title out there to cover almost every interest, writing for magazines is actually the bread and butter work for many writers. In this session, Andrew will outline his method of pitching ideas to magazine editors, and hints & tips to write the feature when you are commissioned.



Andrew White is one of the country's most prolific writers and broadcasters on topics as varied as walking and railways; astronomy and dogs, cycling and movie-making. In the last five years, he has written over 100

features for magazines. He regularly writes for magazines such as *BBC Countryfile*, *Walk, Rail, Coast, Your Dog*, *BBC Sky At Night*, *Dogs Monthly*, *Camping, Writing, Discover Britain*, *Outdoor Focus*, *Who Do You Think You Are?*, *Lakeland Walker*, and *Yorkshire Walks and Wildlife*.

Sunday 6th October

2.30 – 4.30pm | Tullie House Meeting Room | £12

Andrew White

Marketing Yourself : A guide for the self-published or freelance writer



Today, it's completely possible to self-publish a whole range of titles and make them available to anyone around the world – but just how do you make the world know about them in order to buy them? In this session, Andrew will explain the many

different ways to get your book out there – from radio and podcasts, blogs, interviews to social media.

Andrew White has a long track record of features, films and contributions in the fields of the great outdoors, railways and transport, travel, heritage, dogs, film-making, astronomy and technology. Broadcaster and journalist Andrew is in demand to tell compelling stories in whatever medium is required.



The Phil & Lit
Fisher Street Galleries
18 Fisher Street
Carlisle
CA3 8RH

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The Philosophical and Literary Society are offering day, evening and weekend courses in the following areas:

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Website: philandlit.org

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CARLISLE
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www.carlisle.gov.uk

Jess Glynne

Sunday 4 August • Bitts Park

Fake Festival

Saturday 17 August • Bitts Park

Carlisle International Market

Thursday 22 - Monday 26 August
Carlisle city centre

Carlisle Collective Fringe Festival

Friday 23 - Sunday 25 August
Various festival venues

Sense and Sensibility open-air theatre

Thursday 29 August • Talkin Tarn

Carlisle Pageant Puppet Parade

Saturday 7 September • Carlisle city centre

Cumbria Pride

Saturday 28 September • Carlisle Castle

Borderlines Carlisle Book Festival

Thursday 26 September - Tuesday 8 October
Various venues

Fireshow

Saturday 2 November • Bitts Park

Christmas Lights Switch-On

Sunday 17 November • Carlisle city centre



discovercarlisle.co.uk



How to book tickets

Online at www.borderlinescarlisle.co.uk

In person from Bookends, 19 Castle Street, Carlisle CA3 8SY, 9.30am - 5pm Monday - Saturday, 11.30am - 4pm Sunday

Please note that if tickets are posted out, there will be an administrative fee of £1.

By phone For queries only call 07412 366152 or email borderlinescarlisle@gmail.com

Event information

Timings Talks last 55 minutes (unless otherwise stated) to allow travel time in between venues, with an additional 20 minutes when the author will sign books. Seating is unreserved and doors will open 20 minutes before an event.

Workshops are two hours unless otherwise stated.

Refunds In the event of a talk or workshop being cancelled, refunds will be offered, but no other exchanges or refunds are available.

The festival bookshops in the Crown and Mitre Hotel and at Tullie House are run by Bookends, Carlisle's independent bookshop. They will stock books by those authors appearing at the festival.

After each talk, there will be the opportunity to meet the author and have books signed.

Accessibility

Most of our venues are accessible to people with disabilities. Venues have different levels of facilities – please visit individual venue websites for more information.

Publishers

Thank you to the following publishers for their support of the Borderlines Carlisle Book Festival:

Allen Lane; Birlinn; Bloomsbury; Caldew Press; Canongate; Carcanet Press; Chatto and Windus; Faber; Granta; Hamish Hamilton; Handstand Press; Hodder and Stoughton; Holland House Books; Little, Brown; Indigo Dreams; Mantle; Orion; Pallas Athene; Pan Macmillan; Penguin Random House; Philip Wilson; Polygon; Route Publishing; Saraband; Simon and Schuster; SPCK; Swarthmoor Hall Press; Verso; Wren & Rook.

Venues

The Crown & Mitre Hotel

4 English Street, Carlisle, Cumbria CA3 8HZ
01228 525491
www.peelhotels.co.uk

Tullie House Museum and Art Gallery

Castle Street, Carlisle, Cumbria CA3 8TP
01228 618718
www.tulliehouse.co.uk

Carlisle Library

11 Globe Lane, Carlisle, Cumbria CA3 8NX
01228 227312
www.cumbria.gov.uk/libraries

Cakes & Ale Café

19 Castle Street, Carlisle, CA3 8SY
01228 529067
www.bookscumbria.com

Stanwix Arts Theatre & the Vallum Art Gallery

Tarraby Lane, Carlisle, Cumbria CA3 9AY
01228 400356
www.cumbria.ac.uk/student-life/facilities/stanwix-theatre/

Tithe Barn

West Walls, Carlisle, Cumbria CA3 8UF
01228 810599
www.stcuthbertscarlisle.org.uk/tithebarn/



Borderlines 2019



**Libraries:
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visit
cumbria.gov.uk/libraries
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We also provide...

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- Business information

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- Computer skills sessions for beginners
- Reading groups for young people and adults
- 24/7 online services at cumbria.gov.uk/libraries



Tullie House Museum and Art Gallery is proud to be a Borderlines Festival Partner!



Derwentwater from Friar's Crag, 1801. Turner, Joseph Mallord William © Tate, London 2019.

Turner Northern Exposure

19 October 2019 - 5 January 2020

www.turnernorthernexposure.co.uk

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REMBRANDT: Etchings from The British Museum

VAL McDERMID

CROWN & MITRE HOTEL
CARLISLE
WED 28TH AUG, 7.30PM
TICKETS: £10*



DAVID BALDACCI

TITHE BARN, CARLISLE
TUE 24 SEPT, 7.30PM
TICKETS: £10*



Bookends

For the sixth year we at Bookends are proud to be a partner and the official bookseller for Borderlines Book Festival.

We welcome all readers and writers to Carlisle and wish you all a happy festival.

You can see us at our festival bookstall in the Crown and Mitre hotel as well as our bookshop and cafe on Castle Street, just across the road from Tullie House and the Cathedral.



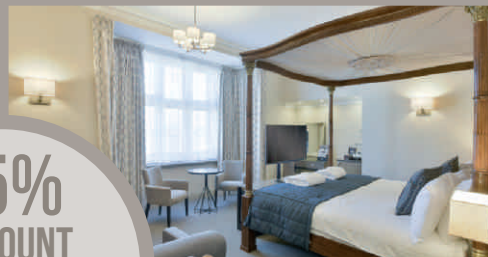
TICKETS AVAILABLE FROM BOOKENDS

*TICKET PRICE REDEEMABLE AGAINST BOOK PURCHASE ON THE NIGHT

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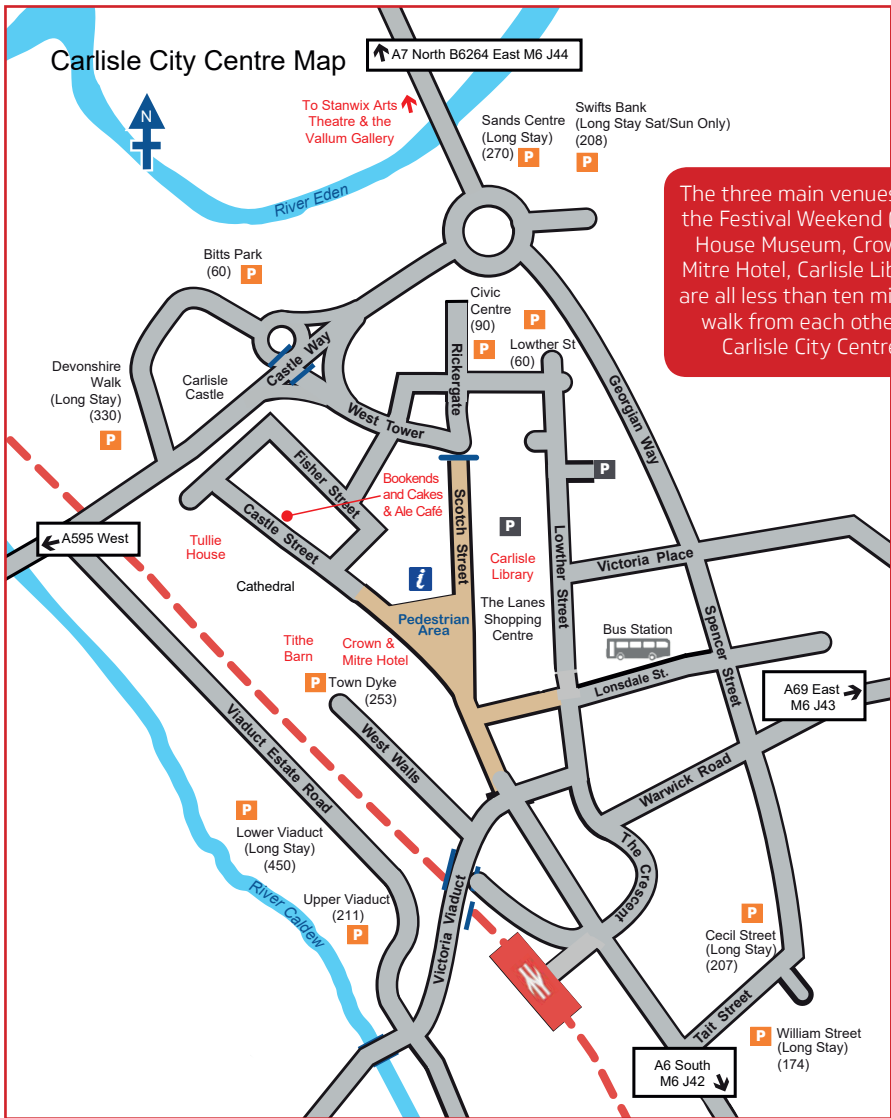
CROWN & MITRE HOTEL

Carlisle

English Street • Carlisle • Cumbria • CA3 8HZ

Tel: **01228 525491**

www.crownandmitre-hotel-carlisle.com



The three main venues over the Festival Weekend (Tullie House Museum, Crown & Mitre Hotel, Carlisle Library) are all less than ten minutes walk from each other in Carlisle City Centre.

